

**Intake Form:**

Name \_\_\_\_\_ Age \_\_\_\_\_ Occupation \_\_\_\_\_ Date \_\_\_\_\_  
 Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
 Phone—Home \_\_\_\_\_ Work \_\_\_\_\_ E-mail \_\_\_\_\_  
 Physician \_\_\_\_\_ Chiropractor \_\_\_\_\_ Birthdate \_\_\_\_\_  
 Therapist \_\_\_\_\_ Referred by \_\_\_\_\_

*We want to hear about your symptoms; they are guideposts for your awareness of your body's process of change. We do not address symptoms directly and we do not diagnose or treat physical conditions. What we can do is help you balance your bioenergy field and stimulate your body's natural ability to heal itself.*

**Circle whatever is bothering you. Please indicate Past (P) and Current (C).**

**GENERAL CONDITION**

tired, low energy  
 chronic fatigue  
 muscular weakness  
 neurological difficulty  
 loss of balance  
 dizziness/fainting  
 fuzzy brain, forgetful  
 numbness, limbs/face  
 dropping things  
 muscle twitching, tremor  
 cramps, spasms, legs/back  
 can't sleep, light sleeper  
 wake up afraid  
 nightmares/night terrors  
 sleep too much  
 hard to wake up  
 headaches, migraine  
 cold hands, feet  
 hot/cold sensations  
 undefined pain in \_\_\_\_\_  
 swelling in face, arms, legs, ankles  
 swollen glands  
 chronic fever, chronic virus  
 overweight, underweight

knees, elbows  
 ankles, wrists  
 fingers, feet  
 arthritis, inflammatory/osteo  
 tendonitis, bursitis  
 tendons too flexible, not repairing  
 osteoporosis, threats of fracture  
 bones slow to heal

**ALLERGIES**

taking shots now \_\_\_\_\_ past \_\_\_\_\_  
 known allergens \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**JOINTS, BONES TENDONS**

spinal misalignment  
 can't hold adjustments  
 TMJ misalignment, jaw tension  
 joint pain, aching, stiffness  
     neck  
     midback, shoulders  
     lower back, hip

**RESPIRATORY SYSTEM**

chronic cough  
 clearing throat a lot  
 sinus congestion  
 stuffy nose  
 sneezing fits  
 frequent colds, bronchitis  
 allergy

asthma  
emphysema

### **DIGESTIVE SYSTEM**

cramps in throat  
dry mouth, lacking saliva  
gas - right after meal  
- later  
nausea  
ulcer, pre-ulcer  
heartburn, indigestion  
constant thirst  
diagnosed pancreas problems  
diagnosed gall bladder problems  
diagnosed liver problems  
anorexia  
bulimia  
colitis, cramps in intestine  
diverticulae  
parasites  
candida or other fungus  
constipation  
diarrhea

### **EATING HABITS**

eating more than you want  
eating when not hungry  
getting up at night to eat  
never hungry, no appetite  
shaky before meals  
sleepy after meals  
cravings for sugar, bread, pasta  
other cravings \_\_\_\_\_  
cholesterol-free/fat-free diet  
vegetarian  
mostly organic food  
mostly regular "commercial" food  
cola drinks, diet pepsi  
tea, coffee, wine, beer, liquor  
water—filtered, tap, bottled

### **URINARY TRACT**

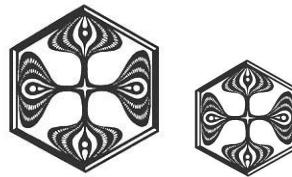
kidney pain, backache  
kidney stone history  
cramps, pain in urethra  
bladder leakage  
repeated bladder infections  
frequent urination

### **REPRODUCTIVE SYSTEM**

menstrual tension, PMS, cramps  
menstruation  
delayed  
too frequent  
too much flow  
migraine associated with periods  
spotting between periods  
can't get pregnant; use fertility clinic  
birth control questions  
menopausal problems, hot flashes  
fibroid cysts, breast lumps  
endometriosis  
vaginal pain  
yeast infection  
trichomonis  
orgasm questions  
prostate infection  
prostate enlarged  
erection difficulty  
low sperm count, low motility  
lumps on testicles

### **EARS**

hearing loss  
stuffy, pressure  
pain, itching  
chronic infection  
ringing sounds  
vertigo  
dizzy spells



### **EYES**

blurred vision  
cataracts  
seeing double  
seeing halos, auras  
glaucoma  
blue, white flashes  
narrowing peripheral range

words swim on page  
reading fatigue  
pain in the eyes, behind the eyes  
itching, burning  
insufficient tears  
frequent styes  
dark circles under eyes  
puffy lids  
enlarged pupils  
dyslexia and/or related difficulty  
difficulty shifting focus  
difficulty adapting to darkness

### **SKIN, HAIR, NAILS**

acne  
skin redness, rash  
skin thickening, rough patches  
yellow cast, gray, red  
dry areas, cracks, wrinkles  
itchy, painful  
fatty lumps  
warts, moles, bumps  
slow wound healing  
eczema  
psoriasis  
shingles  
hives  
vertigo, non-pigmented areas  
sores around mouth, herpes  
sores inside mouth, canker, thrush  
tooth problems  
gum infections  
tongue  
sore, too red, shiny, coated,  
white spots, nervous movements  
hair doesn't grow  
prematurely gray  
hair loss on head, body  
dandruff, dry scalp

hair flimsy, dull  
soft nails  
splitting nails

fungus under nails  
ridged, spotted, distorted,

### **SIGNIFICANT TRAUMA**

accident with vehicle  
accident other (sports, etc.)

curved down, curved up  
color gray, blue, or white

### **HEART/CIRCULATION**

heartbeat—irregular, too fast, too slow  
pain in chest on exertion  
high blood pressure  
incomplete valve closure  
sudden fluttering, dizziness  
high cholesterol diagnosed  
high blood lipids  
capillary fragility  
history of stroke, heart attack, coronary  
varicosities  
dark areas on legs  
circulatory ulcerations  
circulatory insufficiency  
anemic—low hemoglobin, low white cells,  
low platelet  
difficulty clotting  
red cells clumping together

### **EMOTIONAL SYMPTOMS**

listless, drifting, spaced  
forgetful, confused  
depressed  
lonely, shy  
crying spells  
fearful without cause  
angry without cause  
anxiety attacks  
overwhelmed  
irritable, critical  
suspicious, cynical, untrusting  
cyclic mood swings  
aimlessly active, hyped up  
feels like a martyr, victim  
irrational jealousy  
blackouts, amnesia  
constant self depreciation

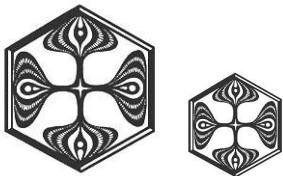
### **DRUGS, MEDICALLY PRESCRIBED**

Prozac, Paxil, Lexapro, Wellbutrin, Zoloft  
Cymbalta, Effexor, \_\_\_\_\_

violence to the body  
animal attack, dog bite  
explosion, war, fire  
surgery  
child abuse, verbal, physical  
abandonment, or threats of  
caused harm to others  
prolonged anger, fear, grief  
separation by death  
separation by divorce  
loss of job, money, housing, lifestyle  
isolation, confinement

**DRUGS, SELF-PRESCRIBED**

aspirin, tylenol, ibuprofen  
tobacco  
alcohol, moderate use  
alcohol, more than you want  
designer drugs, MDA, MDMA  
hallucinogens  
diuretics  
diet pills  
sleeping pills  
decongestants, inhalers  
digestive aids  
marijuana  
cocaine  
crystal meth



valium, librium, lithium  
stelazine, thorazine, cogentin  
insulin, tolinase, macronase  
dilantin, phenobarbital  
synthroid, premarin, the Pill  
steroids (prednisone, etc.)  
pain killers  
muscle relaxants  
long-term antibiotics  
chemotherapy, radiation therapy  
beta blockers  
MAO inhibitors  
blood pressure medication  
long-term yeast medication  
ATZ, acyclovir  
other \_\_\_\_\_

**ENVIRONMENTAL EXPOSURES IN EXCESS OF USUAL**

paints, paint thinner, wood stains, wood resins  
new rugs, novaply walls, mobile home  
other sources of formaldehyde  
damp, moldy surroundings, plants, books  
kerosene heater, gas stove, dry cleaner vapors  
gasoline, exhaust fumes, diesel fuel, jet fuel  
solvents, chemical, industrial exposures  
pesticide/herbicide; exposure by gardener, by self  
house ever been fumigated, routine maintenance spraying

**Diagnosed illnesses, past and current**

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